Seminar

on "Secret of concentration of mind"

25th January 2024



# Organized by Marathwada Mitramandal's Institute of Technology (MMIT), Lohgaon, Pune

Approved by AICTE and by DTE Maharashtra Affiliated to Savitribai Phule (SPPU), Pune NAAC "A" Accredited Institute

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(Principal, MMIT, Pune)

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Dr.A.P.KHATRI

(HOD CIVIL ENGG. DEPT., MMIT, Pune)

### **COORDINATOR**

Mr. N.R.KALBHOR narendra.kalbhor@mmit.edu.in

## **ORGANISING COMMITTE**

Mrs. Leena Deshmukh

Ms. Prajkta Shinde

Ms. Punam Kokate

Mr. Mayur Gandhile

Mr. Vaibhav Sawant

### ABOUT MARTHWADA MITRA MANDAL

The trust "Marathwada Mitra Mandal, Pune" was established in 1967 by Hon. Late Shri. Shankarraoji Chavan, Former Home Minister, Govt. of India as the "Founder President". The trust had started its activity with the objective of providing hostel or similar accommodation in Pune to the students. This trust is established through the inspiration of socially and educationally charged personalities, with the motto "Yethe Bahutanche Hit" (Welfare of Masses). Mass education, co-education, and dedication towards overall development of the region are watchwords of the trust. At its various educational campuses, the trust has created excellent facilities of education catering to Architecture, Interior Design, Management, Law, Commerce, Pharmacy, Engineering, etc. Which provides excellent education to about 12,000+ students.

### **ABOUT MMIT**

MMIT, Lohgaon was established in 2008. The institution is affiliated to Savitribai Phule Pune University, Pune and is approved by AICTE, New Delhi, Recognized by DTE, Government of Maharashtra. The uniqueness of the institute lies in its provision for an elaborate spectrum of engineering program under one roof which emphasis on quality education, training, and building of cultural value and development of professional skills. The institute has a sprawling and lush green beautifully planned campus with modern state of art infrastructure and hostel facility in 15 acres of land. The institute is accredited with "A" Grade by NAAC. It offers five engineering programmes (Computer, Artificial Intelligence & Data Science, Mechanical, Civil, Mechatronics). It houses 800+ students and 80 staff members.

### **ABOUT THE SEMINAR**

The Department of Civil Engineering is going to organize a seminar "secret of concentration of mind" on 25th January 2024 at MMIT, Lohgaon, Pune. SEMINAR for students as well as faculties from different departments to build awareness about importance of mind , quality of thoughts and ways to control thoughts. The session was conducted by **Dr. Shirish Limaye (Ex.Head, symbiosis college of Arts and commerce Pune)** 

#### **OBJECTIVES OF THE SEMINAR**

- The objective of the seminar is to discuss ethical principles and commit to professional ethics (po6,po8) and responsibilities and norms of the engineering practice through the teachings of swamiVivekananda.
- To improve the quality of life to get satisfaction and peace in life we need to focus on the quality of thoughts in mind.
- Controlling thoughts in mind through meditation and group prayer.

### **TOPICS COVERED**

- Secret of concentration of mind
- Ways to control thoughts
- Meditation

# **Dr. SHIRISH G. LIMAYE** EX.HOD SYMBIOSIS ARTS AND COMMERCE COLLEGE PUNE

### Mode: Offline

#### **Location: Seminar Hall MMIT Pune**

# **REGISTRATION FORM**

Seminar On "Secret of concentration of mind" (25th January 2024)

Name:
Designation:
Department:
Organization/Institute:
Address:
Pin:
Mobile No:
Email:

### **Registration Link:**

https://forms.gle/soJ7B1hXh3Z546k28

or

Scan the QR CODE



- No Registration fees
- All department students and faculties can attend the seminar.



Department of Civil Engineering Organizes

Seminar ON Secret of concentration of mind

25 Januray 2023 AT 11 AM

Venue: Seminar Hall MMIT

**Open and Free for all** 

**Resource Person** 

Dr.Shirish Limaye VOLUNTEER RAMKRUSHNA MATH , Rtd. Professor HOD symbiosis college PUNE

Coordinator Mr. N.R.KALBHOR HOD Dr. A.P.KHATRI

Dr. R.V.BHORTAKE

# www.mmit.edu.in | Pune



S.No.35, Plot No. 5/6, Lohgaon, Pune-411 047

# **A REPORT ON SEMINAR**

# "Secret of concentration of mind"

25<sup>th</sup> January 2024



**Organized By** 



# **Department of Civil Engineering**

# Marathwada Mitra Mandal's Institute of Technology, Lohgaon, Pune

Approved by **AICTE** New Delhi, Recognized by **DTE** Maharashtra & Affiliated to Savitribai Phule Pune NAAC "A" Accredited Institute



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# **Chief Patrons**

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**Mr. Kishor Mungale** Hon. Secretary, Marathwada Mitra Mandal, Pune

# **Patron**

Dr. R. V. Bhortake Principal, MMIT, Lohgaon, Pune

## **Convenor**

Dr. Atul P. Khatri

Head of Department, Civil Engineering, MMIT, Lohgaon, Pune

# **Coordinator**

Mr. Narendra R. Kalbhor

Assistant Professor, Civil Engineering, MMIT, Lohgaon, Pune

# <u>Speaker</u>

#### Dr. Shirish G. Limaye

Ex. Head, Arts and Commerce college Symbiosis Pune



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#### Notice: Seminar Secret of concentration of mind

"Techno-Social Excellence" Marathwada Mitramandal's Institute of Technology Lohgaon, Pune- 411047 Accredited with 'A' Grade by NAAC

Ref. No.: MMIT/Civil/2023-24/

Date: 10/01/2024

"To establish the department in the field of civil engineering focused on quality education, center of excellence & innovative research"

**Department of Civil Engineering** 

#### NOTICE

All Students are hereby informed that SEMINAR on topic "secret of concentration of mind" is scheduled on 25 January 2024 at seminar hall MMIT at 11:30 am. Attendance is mandatory to all students.

Mr. N.R.Kalbhor Coordinator, Assistant Professor

Prof. A.P.Khatri HoD Department of Civil Engineering





"Techno -Social Excellence" MARATHWADA MITRA MANDAL'S INSTITUTE OF TECHNOLOGY (MMIT) S.No.35, Plot No. 5/6, Lohgaon, Pune-411 047

# **Civil department** (Academic Year 2023-24)

Date: 25/1/2024

# "Secret of concentration of mind"

The Department of Civil Engineering organized "secret of concentration of mind" on **25<sup>th</sup> January 2024** at MMIT, Lohgaon, Pune. SEMINAR for students as well as faculties from different departments to build awareness about importance of mind, quality of thoughts and ways to contral thoughts. The session was conducted by **Dr. Shirish Limaye** (Ex.Head, symbiosis college of Arts and commerce Pune) who motivated students and faculties by narrating incidents from life of swami vivekanand.

The details of Workshop are as follows:

Time: 11.30 AM.

Date: 25<sup>th</sup> January 2024

Mode: Offline Mode

Resource Person: Dr. Shirish Limaye (Ex.Head, symbiosis college of Arts and commerce Pune)





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# परिचय नाव : डां. शिरीष गणेश लिमये शिक्षण : एम. कॉम्., एम.फिल., पीएच.डी. परिचयः • पुण्यातील सिंबायोसिस कला आणि बाणिज्य महाविद्यालयात ३६ वर्षे प्राध्यापक आणि विभागप्रमुख काम करून निवृत्त झालेले आहेत. त्यांची पीएच.डी उद्योजकता विकास या विषयात आहे. • डॉ.शिरीष लिमये यांना पुढील पुरस्कारांनी गौरविले गेले आहे. - महाराष्ट्र राज्य वाणिज्य परिषदेचा डॉ. शेजवलकर 'आदर्श शिक्षक' पुरस्कार - रोटरी क्लब पुणे, गांधी भवनचा 'व्होकेशनल एक्सलंस् पुरस्कार' - ऑल इंडिया टिचर्स फोरमचा 'आदर्श शिक्षक' पुरस्कार - आय.आय.टी.पवई, मुंबई आणि कॉम्पूटर सोसायटी ऑफ इंडियाचा 'डिस्टिंग्विश ॲसोसिएट फ्रोफेसर' पुरस्कार त्यांना मिळालेला आहे. त्यांनी आंक्फई आणि पोलंड सहित अनेक अंतरराष्ट्रीय आणि राष्ट्रीय चर्चासत्रांतून सहभाग घेतला होता. • त्यांच्या मार्गदर्शनाखाली एकंदर १० विद्यार्थ्यांनी पीएच्.डी आणि एम्.फील. या सावित्रीबाई फुले पुणे विद्यापीठाच्या पदव्या प्राप्त केल्या आहेत. • ते तबला आणि बासरी वाजवितात, त्यांनी अनेक नाटकांत नट आणि दिग्दर्शक म्हणून कामे केली आहेत. तसेच त्यांनी विद्यापीठाच्या अनेक दुक्श्राव्य शैक्षणिक कार्यक्रमात सहभाग घेतलेला आहे. त्यांना पोहोणे, सायकलिंग, टेनिस आणि बास्केटबॉल या खेळात विशेष गोडी आहे. • रामकृष्ण मठाचे ते एक स्वयंसेवक आहेत.



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# **About Program:**

## **Objective:**

The objective of the seminar is to discuss ethical principles and commit to professional ethics (po6, po8) and responsibilities and norms of the engineering practice through the teachings of swami Vivekananda.

To improve quality of life to get satisfaction and peace in life we need to focus on quality of thoughts in mind.

Controlling thoughts in mind through meditation and group prayer.

### **Activities performed:**

In the session, the speaker shared information about secrets of mind, effect of thoughts on our body by giving live example of aruni simha.

Explained following quotes:

- 1. Arise, awake and stop not till the goal is reached.
- 2. Take up one idea. Make that one idea your life; dream of it; think of it; live on that idea. Let the brain, the body, muscles, nerves, every part of your body be full of that idea, and just leave every other idea alone. This is the way to success, and this is the way great spiritual giants are produced.
- 3. "We are what our thoughts have made us; so take care about what you think. Words are secondary. Thoughts live; they travel far."
- 4. "In a conflict between the heart and the brain, follow your heart."
- 5. "Whatever you think that you will be. If you think yourself weak, weak you will be; if you think yourself strong, you will be."





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# **Total Participants: 104 students from all departments**

### **Outcome:**

The outcome of this event is to spread knowledge of concentration of mind.

To motivate and to pass on information of importance of ethics and values in life

Importance of character in individual's life.

If money is lost nothing is lost, if health is lost something is lost and if character is lost everything is lost.







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# List of students participated:

"Techno -Social Excellence" MARATHWADA MITRA MANDAL'S						
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	21	Kalyani J Ramay	ane MAR			
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	23	Mansi Koli	Dene			
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35		Bhumika Pakhale	BSPakhale			



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INSTITUTE OF TECHNOLOGY (MMIT)						
5.No.35, Plot No. 5/6, Lohgaon, Pune-411 047						
Seminar Attndance Sheet						
SECRET OF CONCENTRATION OF MIND						
	Date: 25 Janua	ary 2024				
SR.NO.	NAME	SIGNATURE				
36	Aakantsha P shinde	Asinde.				
37	Smruh N. Ghadekar	Smeuti				
38	Pragati B. Gaikwad	Reagall				
39	Pradayo Phadtare	P- & phaddans				
40	Saleshi chavan					
	Prachi Tarallean	Trachie				
42	Lokhande Vaishnavi V	Qaishnavi Glandre				
	Deepell Mone					
44	Vidya Brasad	Widget Elonauro				
45	Esha Sonaware	Willipo de				
- 46	samilisha chibade					
47	Purva Markar Rutuja Koshti	Rest				
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49	Shravan Gadhari					
50	Sandy Pawar	Statule_				
51	kakade Samouddhi					
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53	Ashutosh Agarwal	Alexteh				
54	Utharsh Anecha	Aneeha				
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59	Shreyash Tusha	- Ala				
60	Rohit Zagada	Rogade				
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	Seminar Attndance Sheet						
	SECRET OF CONCENTRATION OF MIND						
	Date: 25 January 2024						
SR.NO.	NAME	SIGNATURE					
70	Richay Meshree	Abrag (S.E)					
12	Omkar Khatate	Olovili CBE Civil)					
73	Rohen K. Dalieni	Rochary · CBE civit)					
74	Mahash & Chankhore	(ASTRALIAN CBECIVIL)					
15	Parto Dakhe	partity (BE mechon)					
76	Ayush Ambre	Ktuth (BE Mech X)					
44	Piyush Ambre	pedr (BE Mbrz)					
78	Sangrannaje Dechmuch	Johnson (BE MERK)					
79	Tadhew Samaisth	Blackar (FE Civil)					
80	Sunny Jadhan	Sulfalmer CFE Civit					
81	Brakite Jadhav	P.D. Joshav (FE. Mechx)					
Construction of the Owner water	Ayush Agrawas	AROC (BFE AIDS)					
\$3	Bila Zofan Shaikh	Specific					
84	Madbay B. Umate	BE MECH)					
85	Sainath Allamwarg	Sal (BE MECH)					
86	Yogesh changbhale	Weest CBE mech)					
87	AJAY Birajdar	(It BE mech)					
88	Sachabh shinde	Sury (BE mech)					
89	Tushar Pawar	Hann (BEmerb)					
90	Mahesh. K. Phand	(F.E)					
91	Atharva . S. Bangar	ALL (FE) AIDS					
92	Shubham A. Banigar	(FE) MACTYONICS					
93	SHUBHAM . S. KAKADE	(KRUMAN) (PE) AIDS					
94	Vistal, C. Kale	(tale (FE) mechanical					
95	Amit Ghadle	April- (FF) mecatoonic					
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97.	Pratik Shelke	Earitestalle. (FE) (CS)					
98.	Pranay Bhaskar	Roman (FE) Computer					
33.	Kanishk Dongardine	ES (FE) AT-DS					
100	Rohit Borgte	Result (FE) computer					
101	Sanjay Baniskar	Ary (F.E) computer.					
102	Samuak Babhale	Pathalas (F.E) computer					
103	Sarthak Bhendekor	(F.E) AIDS					
1084	Devesh Sonaware	E (F.E.) AIDS					



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# **Glimpses of the Session:**





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Mr. Narendra Kalbhor

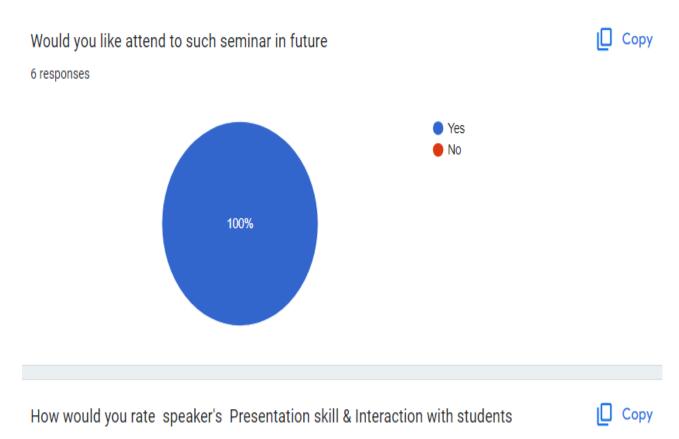
# Coordinator

Dr. Atul Khatri Head of Department

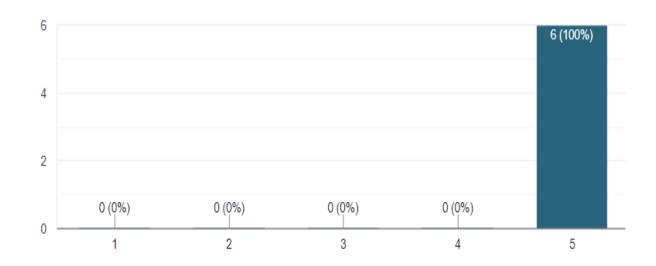


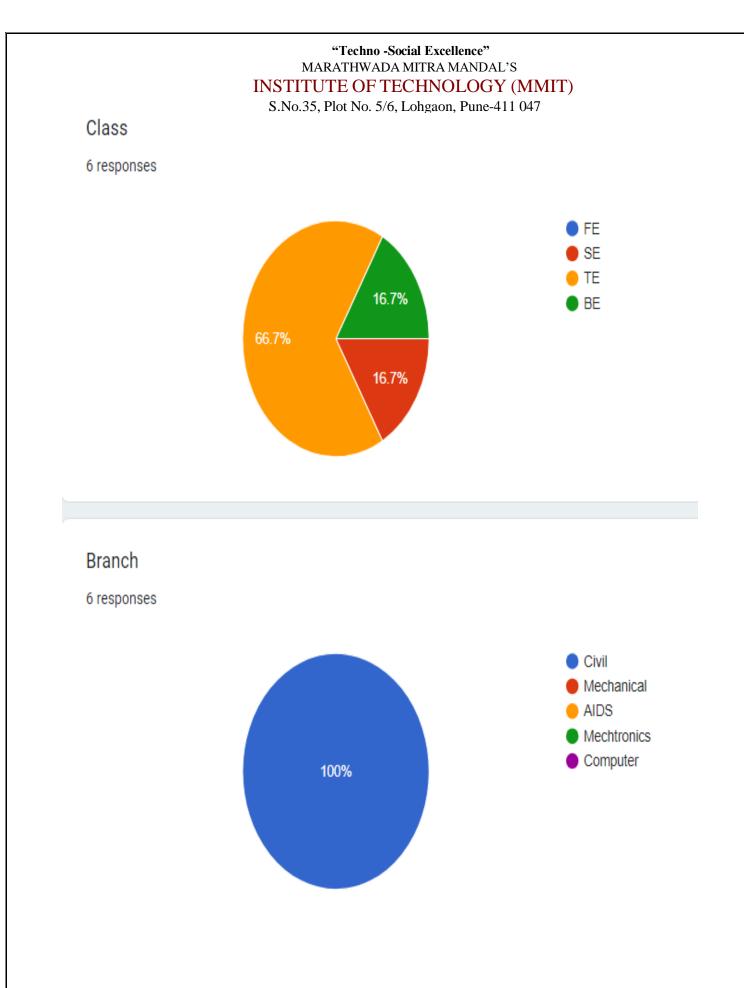
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#### Seminar Feedback:



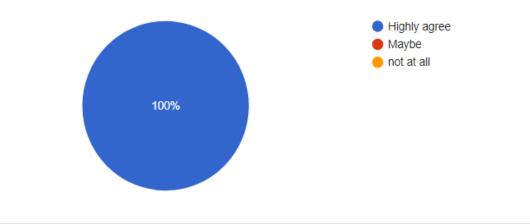
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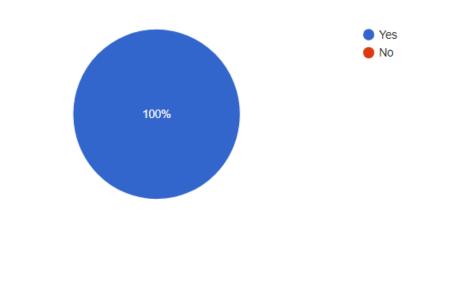
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Do you feel that the seminar covered topics which are important and lifelong required 6 responses



Do you feel that the ethical principles covered in the seminar are useful in your life

6 responses



# Seminar Feedback form "Secret of concentration of mind"

Date: 25th January 2024

#### SEMINAR

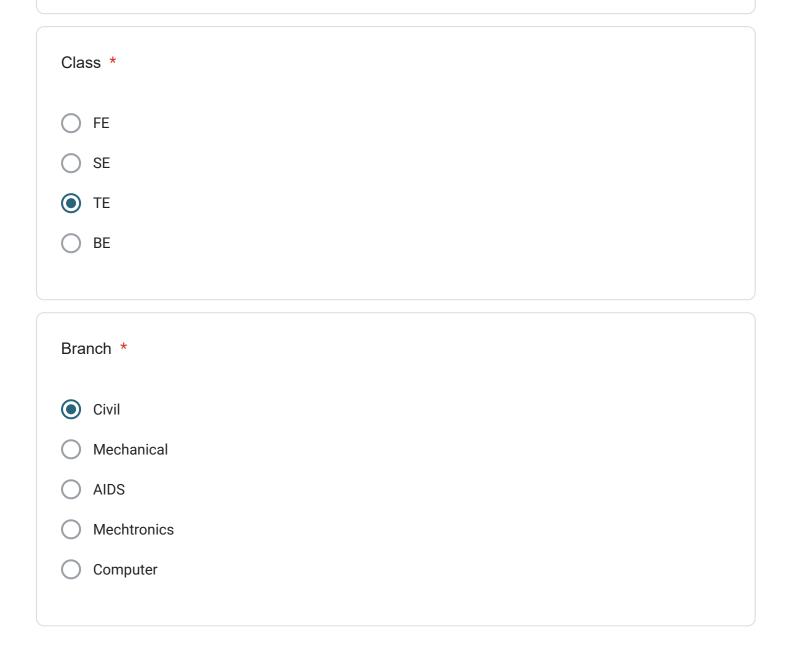


#### Name \*

Bhortake Devyani Snehal

Email \*

devyani.bhortake22@mmit.edu.in



Do you feel that the seminar covered topics which are important and	lifelong required *
<ul> <li>Highly agree</li> <li>Maybe</li> </ul>	
<ul> <li>Maybe</li> <li>not at all</li> </ul>	
Do you feel that the ethical principles covered in the seminar are use	eful in your life *
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How would you rate speaker's Presentation skill & Interaction with s	students *
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# Seminar Feedback form "Secret of concentration of mind"

Date: 25th January 2024

### SEMINAR



#### Name \*

Vanshika Rathod

Email \*

vanshika.rathod23@mmit.edu.in

Class *	
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# Seminar Feedback form "Secret of concentration of mind"

Date: 25th January 2024

#### SEMINAR



#### Name \*

Vare Rutik Balwant

Email \*

rutik.vare22@mmit.edu.in

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Do you feel that the seminar covered topics which are important and lifelong required $^{\star}$
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Would you like attend to such seminar in future *
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How would you rate speaker's Presentation skill & Interaction with students $\star$
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# Seminar Feedback form "Secret of concentration of mind"

Date: 25th January 2024

### SEMINAR



#### Name \*

Raj bhortake

Email \*

raj.bhortake22@mmit.edu.in

Class *	
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# Seminar Feedback form "Secret of concentration of mind"

Date: 25th January 2024

### SEMINAR



#### Name \*

Shaikh Amar Isak

Email \*

shaikhamar790@gmail.com

Class *
○ FE
◯ SE
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Branch *
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O Mechanical
AIDS
O Mechtronics
Computer

Do you feel that the seminar covered topics which are important and lifelong required $\star$								
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Do you feel that the ethical principles covered in the seminar are useful in your life *								
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Date: 25th January 2024

### SEMINAR



#### Name \*

Mahesh Shrikrushna Chankhore

Email \*

mahesh.chankhore@mmit.edu.in

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O Mechtronics		
O Computer		

Do you feel that the seminar covered topics which are important and lifelong required $\star$								
<ul> <li>Highly agree</li> <li>Mayba</li> </ul>								
<ul><li>Maybe</li><li>not at all</li></ul>								
Do you feel that	the ethical	principles c	overed in the	e seminar ar	e useful in yo	our life *		
• Yes								
O No								
Would you like attend to such seminar in future *								
• Yes								
O No								
How would you rate speaker's Presentation skill & Interaction with students *								
	1	2	3	4	5			
poor	0	$\bigcirc$	0	U		Excellent		

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